FIRST REVIEW – Sections 1&2

As stated, the *Know Thyself Initiative* although being interactive is essentially a self-monitoring program. In other words, participants will be the determining factor to their progress. Our goal is to help participants access the Spiritual intelligence within through Deductive Reasoning, as much as possible. Consequently, to assist in the process, below is an encapsulation of the main points of the first two Sections in bullets. This is a less accurate way to determine how much information has been retained than attempting to answer the questions but until participants develop their Deductive Reasoning, it is a good start.

- There are two levels of Reason, Inductive and Deductive.
- Inductive Reason is taking in information from the outside through the senses.
- Deductive reason is taking new information and dissecting it within for a deeper understanding.
- The two levels of Reason are portrayed in the Tetragrammaton (The Creator or Yahweh).
- The name Yahweh (Jehovah in English) is a simplified version of YOD HEH VAV HEH.
- The Hebrew letter HEH represents Reason and the 2 HEHs are relating the 2 levels of Reason.
- The Mysteries incorporate the Mystical Arts of Numerology, Archetypal Images of the Tarot, Astrology, and Color.
- Ancient Wisdom and the Kabbalists saw numbers as reflecting the more subtle energies and vibrations of the world around them.
- Our name can hide our Spiritual destiny, which can be revealed in the Hidden Codes of Life.
- Perfect examples of archetypes are the images in the 22 Major Arcana cards of the Tarot.
- An Archetype is something that represents a model or universal concept.
- The 22 images of the Tarot are called the Major Arcana, which means Major Mystery.
- There are thirty-one components in the Hidden Codes of Life, which can reveal the strongest influences on an individual.
- Astrology affects a new-born by exposing the brain to the energies of the planets, which imprints the inner consciousness by the positions of the planets in respect to each other.
- A Natal Chart is a chart of the positions of the planets at the time of birth
- Astrologers divide a natal chart into twelve segments, which they refer to as houses.
- To each of these houses is assigned a sun-sign or zodiacal sign.
- The position of the Sun determines what sun sign the baby is born under.
- Each of the twelve houses rules or influences various elements of our life, such as finances and health.
- There are seven Double Hebrew Letters that represent the Seven Sacred Planets: Mercury, Moon, Venus, Jupiter, Mars, Sun, and Saturn.
- The Seven Sacred planets are associated with the seven main chakras.
- The Mystical Art of Color reveals that the Philosophers' Stone of Alchemy wasn't about turning lead into gold, but transforming the body (lead) into spirit (gold).
- Ancient Wisdom saw color as representing different energies.
- Colored images in the Major Arcana carried information about archetypes and consciousness.
- The colors Red and Turquoise mean if we use Reason correctly we can transform Reason into its higher level; Intuition. This brings illumination to how we can change the physical world.
- From birth to age five some children use both Inductive and Deductive Reasoning, because they remember their past lives.

- By the age of seven, unless the memories have been fostered by an adult, most children will have no concept of any pre-existence.
- After seven a child normally switches to using Inductive Reasoning by taking in information through the five senses.
- Age seven is when the ego begins to exert control over the mind of the child.
- An adult's influence can determine whether the true or false self of the child emerges victorious.
- The Ancient sages often hid secret wisdom in seemingly regular everyday sayings.
- Children need Honesty and Consistency from their parents to curb the influence of the ego.
- Our first impression of a religious holiday will be the deepest.
- Between fourteen and twenty-one scrutinizing extends beyond the home and school into the world outside, and the constant struggle between the false self and the spirit intensifies because of hormones, making this time the most vulnerable, as they are at the mercy of the forces within.
- Ancient Wisdom always maintained the age of spiritual decision was twenty-one.
- Between fourteen and twenty-one the "pain body" fully develops, which is more destructive than the ego, because it operates within the subconscious and feeds on the painful emotions.
- Young people between fourteen and twenty-one are most vulnerable to their "pain bodies" due to hormones.
- By the age twenty-one all aspects of the human consciousness have developed.
- Between twenty-one and thirty-eight beliefs and opinions of life are questioned, changed, or reinforced, and the "pain body" becomes the strongest, because it has actual memories
- The Fullness of Time began December 21st 2004.
- There are three major astrological alignments in an individual's life; the Saturn return, the Uranus opposition, and the Chiron Return
- Until a person reaches the Uranus opposition he or she has 'no comprehension' of their life's purpose.
- Today Spiritually guided individuals over twenty-one can access information as to their purpose for incarnating, because we have an ace up our sleeve with the statement, "The Kingdom of God is Within You."
- Because of the Fear lyrics, relates the Human Race is handicapped with the paralyzing emotion of fear, predominantly because it has prevented our acceptance that we have the ability to end suffering.
- Ancient structures can be seen as signs of proof of the Human Race's ancestor's ingenuity.
- Examples of the "seekers" are the Greek Philosophers' and the Mayans.
- The Human Race ignored the signs because we are most comfortable with the familiar.
- As society progresses scientifically, human beings discover more about ancient civilizations.
- Discoveries of ancient artifacts that cannot be reproduced today indicate ancient civilizations may have been even more advanced than we are.
- Fear can cause even the most rational individual to deny actual tangible evidence.
- The Gongs of Change Video depicts the real location of "home" in the song Because of the Fear.
- Fear can often cause individuals to react violently.
- Eastern philosophy understood that fear is an illusionary mental construct.
- The use of atomic weapons rocked the Spiritual planes.
- We all have the same destination.
- There are ten versions of the Golden Rule throughout the world.
- Transformation can come about through good deeds.

- Another means for transformation can be through the use of sound.
- Children are the ultimate force for change.
- The Dali Lama's recent visit was to focus on the children that would change the world.
- A reality show called "Kid Nation" shows why the Dali Lama would focus on children.
- There are multiple levels within us; starting with our Divine Spark or Spirit, followed by the Holy Spirit, Christ-Consciousness, then levels of the Higher Self, and the Divine Will.
- Each level within us needs to be accessed as we learn to know ourselves, and becomes easier as we progress.
- Because this is the Fullness of Time, the Divine forces are helping us through inspiration, which manifests mainly in subtle direction to help us discover the Truth for ourself.

To benefit the most from this bullet method, we encourage participants to read each question to see if it sounds familiar and brings to mind the answer. If nothing comes to mind at first, don't give up, but continue to ponder the question for a few more minutes. If nothing happens, locate the appropriate information in the bullet-list above, then re-read the relevant part in the Section. In developing Deductive Reasoning participants will find that as we progress through the Sections, answers to the questions will begin to surface quickly. Even so, this is early days so don't worry and use the adage; "if at first you don't succeed, try, try, try again."